



TAS
THE ARMIDALE
SCHOOL

TAS DINING MENU 2017





BUFFET LUNCH SALAD SELECTION

Served in conjunction with the hot lunch Monday to Friday

TAS is delighted to offer all students and staff a fine selection and variety of buffet salads, created using only the freshest ingredients available at any given time.

The buffet offering changes on a daily basis so as to maintain variety and interest.

The introduction of a sandwich bar allows students and staff to make and select their own fillings. The sandwich bar section has been well received by students, and again, the selection of fillings on offer changes regularly.

Students with particular dietary requirements are catered for and the Catering Department aims to ensure that any special needs are met.

SAMPLE MENU

Breakfast

Cereals, yoghurt, fresh fruit, juice, breads and a hot selection such as breakfast sausage, beans, scrambled eggs and bacon.

Morning Teas

Chocolate cake or soup or fruit and biscuits.

Lunch

Full salad buffet, sandwich bar and hot selection such as chilli beef, nachos, gourmet hot dogs, spinach and feta rolls.

Dinner

Roast lamb with steamed vegetables or asian marinated chicken and greens or roast beef and roasted vegetables.

Dessert

Sticky date pudding with caramel sauce or fresh fruit and ice cream.

Note: The sample menu above is a selection of foods available on any given day. To view the complete menu click [HERE](#).