



From the Sportsmaster, Dick Hodgson

To: U15As Rugby team (Gold Coast Carnival)  
Date written: 19 November 2010  
Concerning: WHAT TO TAKE

### TAS Sport

#### Coaches to take:

TAS tour polo shirts  
TAS tour backpacks  
12 x water bottles plus carriers  
4 x hit shields  
4 x training balls  
A strapper's bag with spare tape  
Gatorade drink container plus powder and cups

#### For players:

##### Rugby gear

1 x TAS jersey  
1 x training jersey  
1 x TAS rugby shorts  
2 x TAS rugby socks  
1 x rugby boots  
1 x garters  
1 x mouth guard  
1 x headgear (optional)  
1 x shoulder pads (optional)  
1 x TAS track suit  
TAS cap

##### Other clothing

##### Travel in neat casuals.

1 x neat casual trousers  
3 x neat casual shirts/polos  
3 x neat casual shorts or trousers/jeans  
1 x T-shirt  
Other footwear: 1 x joggers, 1 x casual shoes, 1 x thongs  
6 x briefs/boxer shorts  
5 x socks  
5 x handkerchiefs  
2 x casual jumpers  
1 x waterproof jacket  
1 x swimmers/board shorts  
2 x towels  
1 x pyjamas  
Toiletries: soap, toothbrush, tooth paste, comb  
Extra hat or cap

##### Other items

Pocket money (max. \$50) and/or a card with ATM access  
Suitcase/bag for all your clothes  
Camera, batteries, memory card  
Sunglasses, Sunscreen cream

##### Personal water bottle