



In Motion Physio Sports Clinic

Physiotherapy and sports injury management

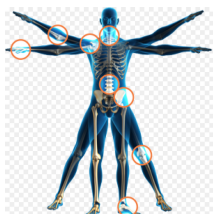
Sports Physiotherapist – TAS Sports Centre

Here at TAS, sport is a huge part of the community and plays an integral role in the development of our students. However, growing adolescent bodies are always at risk of sport related injuries. Injury prevention, management and recovery are important considerations for all students. Having access to the right information and support is crucial for those wanting to protect themselves against potential injury and get the most out of their performance.

Resident ***Sports Physiotherapist Maartje Tory*** has moved from the Medical Centre to the TAS Sports Centre in order to better support the students who are looking for sports related information, guidance and treatment. All TAS students are welcome to come in and ask questions or discuss any concerns they might have during the school week. Those who require consultations can book in for injury assessment, treatment and rehabilitation in person or using the email address listed below.

Services provided include:

- Manual Therapy
- Soft Tissue Release
- Exercise Prescription and Rehabilitation (individualised and sport specific)
- Taping
- Sports Injury Prevention and Education



Initial consultations are discounted for all new clients.

Please contact Maartje for further information.

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