



TOUCHPOINTS

We all have a role to play in suicide prevention.



Join us for this FREE community TouchPoints workshop

Learn how to confidently recognise and respond to suicide.

On completion of this workshop, you can expect to have:

- attained a deeper understanding and appreciation of the complexity of suicide
- increased awareness of warning signs and invitations for help
- increased confidence & capacity to engage with people in crises
- improved confidence to connect a person at risk of suicide with support
- an appreciation of the importance of self-care and practical tools to implement
- 'debunked' commonly held suicide myths with facts and lived experience
- practical ways in which to support someone bereaved through suicide
- knowledge on how best to support someone's return to the workplace

These interactive workshops are delivered by Roses in the Ocean trained lived experience facilitators.



Workshop details:

Date	Friday, 11 June 2021
Time	5:30pm - 9:30pm
Location	Uralla, NSW
Venue	UnC 27 Salisbury St, Uralla



How do I register?

Register to attend this workshop at this Registration Page or by scanning the above QR code with your smart device camera.

What do I need to bring?

You will be provided with a workbook, morning tea on the day, so just bring a pen and an open mind.

This training is being offered as part of the key suicide prevention initiatives being implemented by HealthWISE and Neami National and the NSW Ministry of Health as part of the NSW Strategic Framework for Suicide Prevention 2018-2023.


Roses in the Ocean
shattering the tide of suicide


HealthWISE
Creating healthier communities

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